



Garfield Primary
Today's children, tomorrow's future.

27.9.2022

Dear Parents/Carers,

I am writing to remind you about Garfield Primary School's work with the Counselling agency 'TalkTime' which is supporting the school to improve the confidence and wellbeing of children and families.

TalkTime hopes to give pupils a space to express themselves through talking and creative work, and think about any worries they might have. It also provides support for parents and staff too.

TalkTime at Lunch

This is open to all pupils, and they can make an appointment to spend 15 minutes with a trained counsellor, either by themselves or with a friend. Pupils often talk about friendships or any worries they may have.

Parental consent

Unless we hear otherwise from you, the school and TalkTime will assume that all pupils have their parent/carers' permission to come to TalkTime at lunch. We also assume you are happy for the school to tell TalkTime your child's year group, gender, ethnicity and the broad topic of discussion. This information is stored securely and used solely to evaluate the service.

If you would like to find out more or if you **do not** want your child to participate, please contact me Fiona Summers (Counselling Services Manager) on 020 8368 4500 .

Yours sincerely

Fiona Summers
Counselling Services Manager

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