



**Garfield Primary**  
Today's children, tomorrow's future.

**FOR PARENTS OF DIRECT CLOSE CONTACTS**

Date: 22.11.2020

**Dear Parents/Carers of pupils in Hellebore,**

**Re: Confirmed Case of Covid 19 at Garfield**

We have been advised by Public Health England that there has been a confirmed case of Covid 19 at Garfield.

It is important that I let you know that I have followed national guidance and have identified that your child has been in close contact with the affected child. I understand that this may well cause you some concern and am writing to you to explain what needs to happen next.

**In line with the national guidance, your child will need to now stay at home and self-isolate until Wednesday 2nd December.**  
**They will be able to return to school on Thursday 3rd December 2020.**

**We need you to do this to reduce the further spread of COVID 19 to others in the community.**

If your child is well at the end of this period of self-isolation, then they can return to usual activities. Other members of your household can continue their normal activities and do not need to isolate provided your child does not develop symptoms within this self-isolation period.

Please see the link to the PHE Staying at Home Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stayat-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

**What to do if your child develops symptoms of COVID 19:**

If your child develops symptoms of COVID-19, they should remain at home for at least **10 days** from the date when their symptoms appeared.

All other household members who remain well must stay at home and not leave the house for **14 days**.

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

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**[www.garfield.enfield.sch.uk](http://www.garfield.enfield.sch.uk)**

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

### **Symptoms of COVID 19**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia).

For most people, coronavirus (COVID-19) will be a mild illness.

If your child or anyone in the household does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

### **How to stop COVID-19 spreading:**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

### **Further Information:**

Further information is available at [https://](https://www.nhs.uk/conditions/coronavirus-covid-19/) **HYPERLINK**

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This is our first confirmed case at Garfield and like all schools, have had to put in plans for remote learning in the event of a positive Covid case this occurring your child's teacher will be ensuring that your child has daily learning activities and will also be in regular contact via Google Classroom. Please do let the office know if you would prefer a paper pack and we will arrange this.

I understand that you may have questions and concerns, please do refer to the school website as I will be putting up a "Questions and Answers" section up as soon as possible. The senior team will also be available at the start and end of the day also to assist.

Yours sincerely,

K Khwaja

Karen Khwaja  
Headteacher