

## Important information from Enfield Council on COVID-19



Update from Enfield Council's Leader,  
Councillor Nesil Caliskan

11 September 2020

### COVID-19 advice

I know how difficult the last few months have been for our communities with many loved ones having lost their lives to COVID-19. Enfield Council continues to do all it can to support you and keep you safe.

Over the last week the number of COVID-19 cases across the country and in Enfield has steadily increased. We know that our most vulnerable residents, especially people who are over 60, are the worst affected.

That is why it remains really important that we all continue to follow social distancing rules and all other public health advice to stop the spread of the virus and reduce the chances of a local lockdown.

#### **Please remember that you must:**

- Wear a mask on public transport and in indoor places
- Regularly wash your hands
- Socially distance - stay at least two metres away from other people not in your household

The latest government legislation also says that **you must not socialise in groups of more than six people** either indoors or outdoors (with some exemptions such as schools, households, social bubbles, workplaces, weddings and funerals). For more information and guidance visit [www.gov.uk/coronavirus](http://www.gov.uk/coronavirus)

If you have the symptoms of COVID-19 it is important you self-isolate and **book a test** by ringing 119 or visiting [www.nhs.gov.uk/coronavirus](http://www.nhs.gov.uk/coronavirus)

### The NHS is planning for winter flu

As well as doing everything we can to reduce the spread of COVID-19 in Enfield we are also encouraging all residents to get the winter flu vaccine.

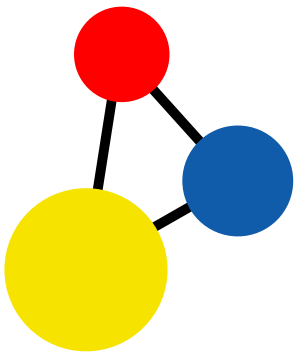
The NHS is preparing to treat patients with COVID-19 this winter as well as serious illnesses and seasonal bugs, which could put immense pressure on our GPs, hospitals and emergency services. **By having the winter flu vaccine, you can help reduce this pressure and help to protect yourself and others from winter flu.**

For the first time, people aged 50 to 64 are eligible for a free flu vaccine this year. Locally the NHS is preparing to make the vaccine available from Autumn 2020.

Enfield Council is working to support our local NHS partners to increase resident access to vaccination sites across the borough. We will post locations on our website and social media. Residents will be able to book appointments on-line or through their GP.

I know many residents are anxious about the months ahead and a possible second wave. I want to let you know that Enfield Council is doing everything it can to support our communities and keep residents safe. If you need our help with anything, please do get in touch - [www.enfield.gov.uk](http://www.enfield.gov.uk)

**Show your support by displaying the back of this leaflet in your window**



# KEEP ENFIELD SAFE



## WASH YOUR HANDS

for 20 seconds



## WEAR FACE COVERINGS

on public transport and indoor spaces



## KEEP YOUR DISTANCE

two metres if possible



## COVID SYMPTOMS?

Get tested now

[nhs.uk/coronavirus](https://nhs.uk/coronavirus) or call 119