

## Knowledge Organiser—Year 1

Where does our food come from?

### Vocabulary

**Farms**—An area of land used for growing crops and rearing animals.

**Farmer** - A person who owns or manages a farm.

**Market** - A place where fruit and vegetables are sold.

**Supermarkets** - A large self- service shop selling household goods.

**Butcher**— A shop where you can buy meat.

**Bakery** - A shop where you can buy bread.

**Harvest** - The process of gathering crops.

**Factory**— A building where food is assembled.

**Healthy diet**— A balanced diet of fruits, vegetables and whole grains.

**Fair Trade**— A way of buying and selling products that allows the farmers to be paid a fair price for their produce.

**Import**— Food that is brought to England from other countries.



**Fruits and vegetables**



**Farms**

**Supermarket**



Garfield Primary

### Key facts

The food that we eat every day comes from a variety of sources and from all around the world.

We buy our food directly from farms, markets, shops or supermarkets.

Most of the food that we buy originates from either plants or animals.

Some products such as milk come directly from a cow. Yoghurts, cheese and butter are not directly from an animal but are made with milk that comes from a cow.

Food from plants come from trees or from the ground.

Vegetarians are people who choose to have a diet of vegetable based foods.

We need to eat to provide energy for the body and building materials for growth and repair. A balance of what we eat and making the right food choices is important for our future.

It is important to know the parts of a plant— roots, stem, leaves, fruit and flower.

A range of common plants and trees—roses, daisy, carnation, tulip, lavender, marigold, oak tree, sycamore tree, birch tree, elm tree.

Deciduous trees usually shed leaves in the Autumn.

Evergreen trees have leaves throughout the year and are always green.